

GLEAN Anthro-Arts Workshops

The Global Education and Action Network (GLEAN) provides expeditions, training and workshops for young people studying world cultures and issues in the SF Bay Area and abroad. GLEAN hosts anthro-arts workshops for interested schools, organizations, events and families! Through participation in photography, global music, drawing, interviewing, environmental arts, diverse cultural ceremonies and traditions, dance, storytelling, painting, collage and/or nature, young people from all walks of life learn about global cultures and issues in the Bay Area. They also discover more about themselves as individuals and start to manifest positive, peaceful and abundant lives and communities.

Please call Elli Smith or Suzanne Lettrick (415-380-8538) if you would like to arrange a workshop for your group. Rates vary. Proceeds go toward GLEAN educational programs and scholarship fund.

Facilitator Bios and workshop descriptions (All workshops open only to students in grades 6-12.)

Herbal Medicine Classes for Teens with Jenny Swiecicki

Gain first-hand experience in the magical medicinal plant world and learn fun and simple ways to make your own herbal remedies. Using local medicinal plants, you'll make herbal teas, oils, and healing salves. Workshop includes field trip to either the Golden Gate Park Botanical Gardens or Marin Headlands.

Jenny Swiecicki studied herbal medicine at the California School of Herbal Studies. Her fascination with the vitality of wildflowers and weeds has led her to work on an organic farm, study with herbalists such as Karen Sanders, host of KPFA's *Herbal Highway*, as well as found the Goose Sister's Healing Center in Oakland.

Drawing Community with Emily Prince

Learn about local communities and your peers through drawing. Explore your artistic hand by drawing portraits of each other and community members, sketching local plant species, and capturing the motion of people and animals on the move. Participants will practice interviewing through a series of self-fashioned questions designed to introduce the artists to their subjects. At the completion of the workshop, work will be compiled to form individual Zines for students to keep.

Emily Prince earned a BFA in studio art and a BA in psychology from Stanford University. She has shown at Adobe's Backroom Gallery in San Francisco, the Contemporary Art Institute of Detroit, the New Image Art in Los Angeles, and the Cupcake Cafe in New York. She recently completed an installation at Jack Hanley Gallery and was in the Bay Area Now Four show at the Yerba Buena Center For The Arts.

World Music with Patrick Richey

This series explores the global phenomenon of music and its vast meaningful expressions in different cultures in the Bay Area. This workshop is hands on using drumming, singing and rhythm games to explore music and healing, gender, and storytelling. Topics include world music and dance from Africa and an introduction to the cultures of India and their music, including the music of Islam.

Patrick Richey is an ethnomusicologist/musician currently pursuing a Masters in Music at the University of California, Santa Cruz. He has learned his ancient techniques from talented musicians around the world, is an established performer of north Indian classical music, and is steeped in African rhythms, with a particular focus on those of Morocco, Ghana, and Senegal. Patrick's holistic approach to global music education engages students at all levels to consider their own traditions and abilities.

Street Photography with Kate Weigel and Suzanne Lettrick

With the mediums of both digital and film photography, youth will explore SF communities through the lens of the camera. Get to know local people, places, and objects while walking along an eclectic mix of city streets. This photographic exploration of community also inspires self-reflection and exploration of the photographer's own identity. Professional guest photographers will also join us at random times. Workshops will focus on technical as well as thematic instruction.

Suzanne Lettrick, founder of GLEAN, brings over ten years experience in anthropology, ethnography, and field studies from remote regions of the world to this workshop.

Kate Weigel picked up a camera at age ten and has been photographing her surroundings ever since. Kate has participated in various documentary projects including two intensive projects for SALT Institute for Documentary Studies in Portland, Maine. She has exhibited in galleries throughout the United States and for the past two years has worked as an archivist at greenmuseum.org, based in Corte Madera, CA, working with artists from around the globe to help raise awareness about art and the natural world.

Street Poetry with Lea Aschkenas and Albert Flynn DeSilver

This is a four-week poetry workshop for students who want to expand their identities as writers and citizens of the global culture in the San Francisco Bay Area. During each workshop, youth will discuss writings of traditional and modern American, Latino, and Chicano poets using their words as a model for their own poems. We will draw on the city, with its rich mix of sights and sounds and distinctive rhythms to craft our poems. And through the sharing and critiquing of our works, we will create a supportive literary community. Finally, for those interested in putting their poems out in the world, we will offer suggestions for publication.

Lea Aschkenas is a bilingual writer and teacher whose travel memoir, *Es Cuba: Life and Love on an Illegal Island* was published in January 2006 by Seal Press. She has also been published in *The Washington Post*, *The Los Angeles Times*, *The San Francisco Chronicle*, and *Salon.com*, and her travel stories are included in the anthologies *Travelers' Tales Cuba*, *Travelers' Tales Central America*, *The Unsavvy Traveler*, and *Two in the Wild*.

Albert Flynn DeSilver, MFA, is an internationally published poet, publisher, and teacher. He has taught poetry and publishing workshops both nationally and abroad, including the British Institute in Paris and the University of California. He is the editor and publisher of the Owl Press based in Woodacre, California. For the past ten years he has taught thousands of Bay Area children through California Poets in the Schools program. His collaborative poetry, photography, and prose book *Lagunitas Creek: Hope in Restoration* was published in 2005.